

**Extreme Weight Loss Vegetarian Cuisine
Lunch and Dinner Menu
(24 - 28 December 2018)**

MONDAY, 24 DECEMBER 2018

PUBLIC HOLIDAY

TUESDAY, 25 DECEMBER 2018

PUBLIC HOLIDAY

WEDNESDAY, 26 DECEMBER 2018

III. LUNCH (JAPANESE CUISINE)

Menu

Chuka Mori Salad
Enoki Roll Yakiniku
Fresh Fruit

DINNER (JAPANESE CUISINE)

Menu

Yasai Itame
Edamame Tsukune
Fresh Fruit

THURSDAY, 27 DECEMBER 2018

IV. LUNCH (WESTERN CUISINE)

Menu

Tomato Basil Clear Soup

Vegetarian Schotel With Lemon And Herb Sauce
Fresh Fruit

DINNER (WESTERN CUISINE)

Menu

Waldorf Salad

Kidney Bean Albondigas
Fresh Fruit

FRIDAY, 28 DECEMBER 2018

V. LUNCH (ASIAN CUISINE)

Menu

Vegetable Moo Shu

Green Egg Curry
Fresh Fruit

DINNER (ASIAN CUISINE)

Menu

Spiced Cauliflower Puree Soup With Yoghurt

Szechuan Tofu Skin
Fresh Fruit