

**Healthy Bento**  
**(24 - 28 December 2018)**

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**MONDAY, 24 DECEMBER 2018**

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**PUBLIC HOLIDAY**

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**TUESDAY, 25 DECEMBER 2018**

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**PUBLIC HOLIDAY**

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**WEDNESDAY, 26 DECEMBER 2018**

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**LUNCH**

**Menu**

Tumis Jagung Bayam  
Pepes Tahu  
Nasi Goreng Organik  
Buah Segar

**DINNER**

**Menu**

Tumis Labu Siam Pok Choy  
Ikan Bakar Parahyangan  
Nasi Putih Organik  
Buah Segar

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**THURSDAY, 27 DECEMBER 2018**

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**LUNCH**

**Menu**

Lawar Kacang Panjang  
Ayam Masak Merah Kalimantan  
Nasi Uduk Organik  
Buah Segar

**DINNER**

**Menu**

Tumis Jamur Tiram  
Botok Telur  
Nasi Putih Organik  
Buah Segar

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**FRIDAY, 28 DECEMBER 2018**

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**LUNCH**

**Menu**

Cah Toge Kucai  
Ikan Bumbu Bali  
Nasi Putih Organik  
Buah Segar

**DINNER**

**Menu**

Orak-Arik Sayuran  
Ayam Bumbu Kuning  
Nasi Putih Organik  
Buah Segar