

**Extreme Weight Loss Multiple Cuisine
Lunch and Dinner Menu
(24 - 28 December 2018)**

MONDAY, 24 DECEMBER 2018

PUBLIC HOLIDAY

TUESDAY, 25 DECEMBER 2018

PUBLIC HOLIDAY

WEDNESDAY, 26 DECEMBER 2018

III. LUNCH (JAPANESE CUISINE)

Menu

**Chuka Mori Salad
Beef Yakiniku
Fresh Fruit**

DINNER (JAPANESE CUISINE)

Menu

**Yasai Itame
Tori Tsukune
Fresh Fruit**

THURSDAY, 27 DECEMBER 2018

IV. LUNCH (WESTERN CUISINE)

Menu

**Tomato Basil Clear Soup
Baked Fish In Lemon And Herb Sauce
Fresh Fruit**

DINNER (WESTERN CUISINE)

Menu

**Waldorf Salad
Albondigas Beef
Fresh Fruit**

FRIDAY, 28 DECEMBER 2018

V. LUNCH (ASIAN CUISINE)

Menu

**Vegetable Moo Shu
Green Chicken Curry
Fresh Fruit**

DINNER (ASIAN CUISINE)

Menu

**Spiced Cauliflower Puree Soup With Yoghurt
Szechuan Steamed Fish
Fresh Fruit**