

Weight Maintenance Indonesian Cuisine
Lunch and Dinner Menu
(13 - 17 August 2018)

MONDAY, 13 AUGUST 2018

LUNCH

Menu

Rujak Halus Manis
Ayam Bumbu Bali
Nasi Putih Organik

DINNER

Menu

Tumis Putren Kacang Panjang
Ikan Sambal Matah
Sagu Keju

TUESDAY, 14 AUGUST 2018

LUNCH

Menu

Sup Kacang Merah
Daging Masak Cabe Ijo
Nasi Putih Organik

DINNER

Menu

Salad Sayuran
Ayam Taliwang
Caramel Pudding

WEDNESDAY, 15 AUGUST 2018

LUNCH

Menu

Tumis Jagung Labu Siam
Dori Masak Merah Kemangi
Nasi Putih Organik

DINNER

Menu

Sup Bening Bayam Jamur
Empal Daging
Black Sesame Muffin

THURSDAY, 16 AUGUST 2018

LUNCH

Menu

Salad Tahu Ketumbar
Ayam Pop
Nasi Putih Organik

DINNER

Menu

Cah Sayuran
Ikan Bumbu Balado
Buah Segar

FRIDAY, 17 AUGUST 2018

PUBLIC HOLIDAY