

**Weight Maintenance Indonesian Cuisine
Lunch and Dinner Menu
(12 - 16 February 2018)**

MONDAY, 12 FEBRUARY 2018

LUNCH

Menu

Sup Tekwan
Ikan Saus Pasmol
Nasi Putih Organik

DINNER

Menu

Asinan Sayur Bogor
Daging Sapi Saus Manis
Puding Sagu Mutiara

TUESDAY, 13 FEBRUARY 2018

LUNCH

Menu

Tumis Sawi Putih Cabe Ijo
Ayam Klaten
Nasi Merah Organik

DINNER

Menu

Sup Buncis Paprika
Ikan Panggang Dabu - Dabu
Blueberry Cheese Cake

WEDNESDAY, 14 FEBRUARY 2018

LUNCH

Menu

Pecel Madiun
Rendang Daging
Nasi Putih Organik

DINNER

Menu

Tumis Kol Wortel
Bola-Bola Ayam Saus Lada Hitam
Fresh Fruit

THURSDAY, 15 FEBRUARY 2018

LUNCH

Menu

Sup Tomat Jagung
Ikan Saus Kencong
Nasi Merah Organik

DINNER

Menu

Salad Buah Bogor
Rolade Daging Masak Rica-Rica
Banana Cake

FRIDAY, 16 FEBRUARY 2018

PUBLIC HOLIDAY