

**Weight Loss Vegetarian Cuisine**  
**Lunch and Dinner Menu**  
**(13 - 17 August 2018)**

**MONDAY, 13 AUGUST 2018**

**I. LUNCH (INDONESIAN CUISINE)**

*Menu*

Rujak Halus Manis  
Tempe Bumbu Bali  
Nasi Putih Organik

**DINNER (INDONESIAN CUISINE)**

*Menu*

Tumis Putren Kacang Panjang  
Kroket Sayuran  
Sagu Keju

**TUESDAY, 14 AUGUST 2018**

**II. LUNCH (MEDITERRANEAN CUISINE)**

*Menu*

Mediterranean Vegetable Soup  
Falafel Kofta  
Organic Herb Rice

**DINNER (MEDITERRANEAN CUISINE)**

*Menu*

Green Herb Salad With Sage Dressing  
Vegetable Casserole With Mint Sauce  
Caramel Pudding

**WEDNESDAY, 15 AUGUST 2018**

**III. LUNCH (JAPANESE CUISINE)**

*Menu*

Chikuzen Ni  
Stuffed Inari In Ponzu Sauce  
Yakimeshi

**DINNER (JAPANESE CUISINE)**

*Menu*

Dobin Mushi  
Mushroom Steak Teriyaki  
Black Sesame Muffin

**THURSDAY, 16 AUGUST 2018**

**IV. LUNCH (WESTERN CUISINE)**

*Menu*

Margarita Salad  
Delicious Broccoli Patties  
Spaghetti Aglio Olio

**DINNER (WESTERN CUISINE)**

*Menu*

Mixed Vegetable Stew  
Vegetarian Calzone  
Fresh Fruit

**FRIDAY, 17 AUGUST 2018**

**PUBLIC HOLIDAY**