

**Muscle Building Indonesian Cuisine
Lunch and Dinner Menu
(24 - 28 December 2018)**

MONDAY, 24 DECEMBER 2018

PUBLIC HOLIDAY

TUESDAY, 25 DECEMBER 2018

PUBLIC HOLIDAY

WEDNESDAY, 26 DECEMBER 2018

LUNCH

Menu

Karedok
Semur Daging
Nasi Putih Organik

DINNER

Menu

Tumis Labu Siam Pok Choy
Ayam Masak Kecap
Fresh Fruit

THURSDAY, 27 DECEMBER 2018

LUNCH

Menu

Sup Jamur Tiram
Ikan Panggang Saus Lemon
Nasi Putih Organik

DINNER

Menu

Salad Buah
Bola-Bola Daging Masak Tomat
Sweet Bread With Choco Custard

FRIDAY, 28 DECEMBER 2018

LUNCH

Menu

Cah Toge Kucai
Ayam Masak Kare
Nasi Putih Organik

DINNER

Menu

Sup Kembang Kol Kentang
Ikan Kukus Daun Bawang
Pandan Roll