

**Muscle Building Vegetarian Cuisine
Lunch and Dinner Menu
(18 - 22 June 2018)**

MONDAY, 18 JUNE 2018

PUBLIC HOLIDAY

TUESDAY, 19 JUNE 2018

PUBLIC HOLIDAY

WEDNESDAY, 20 JUNE 2018

PUBLIC HOLIDAY

THURSDAY, 21 JUNE 2018

IV. LUNCH (WESTERN CUISINE)

Menu

Mexican Tortilla Soup
Vegetarian Quesadillas
Spaghetti Aglio Olio

DINNER (WESTERN CUISINE)

Menu

Mixed Salad With Guava Dressing
Stuffed Eggplant Bolognese
Almond Orange Cookies

FRIDAY, 22 JUNE 2018

V. LUNCH (ASIAN CUISINE)

Menu

Hong Kong Style Baby Kailan in Vegetarian Oyster
Sauce
Sweet And Sour Rolled Tofu Skin
Organic Brown Rice

DINNER (ASIAN CUISINE)

Menu

Star Anise Flavored Clear Soup
Vegetarian Sio Mai
Tapioca Cake