

Muscle Building Indonesian Cuisine
Lunch and Dinner Menu
(7 - 11 May 2018)

MONDAY, 7 MAY 2018

LUNCH

Menu

Sup Jamur Ayam
Kakap Masak Tauco Berempah
Nasi Putih Organik

DINNER

Menu

Gado-Gado Padang
Daging Cincang Saus Kari
Buah Segar

TUESDAY, 8 MAY 2018

LUNCH

Menu

Tumis Terong Jamur
Ayam Panggang Rica-Rica
Nasi Putih Organik

DINNER

Menu

Sup Ala Brenebon
Bistik Tuna
Strawberry Choux

WEDNESDAY, 9 MAY 2018

LUNCH

Menu

Pecel Madiun
Bacem Daging
Nasi Merah Organik

DINNER

Menu

Tumis Kembang Kol Buncis
Orak-Arik Ayam Dan Telur
Mung Bean Dorayaki

THURSDAY, 10 MAY 2018

PUBLIC HOLIDAY

FRIDAY, 11 MAY 2018

LUNCH

Menu

Tumis Sawi Putih Wortel
Ayam Lada Hitam
Nasi Merah Organik

DINNER

Menu

Sup Krim Jagung
Ikan Asam Padeh
Kuih Bika