Muscle Building Indonesian Cuisine
Lunch and Dinner Menu
(12 - 16 February 2018)

MONDAY, 12 FEBRUARY 2018	
LUNCH	**DINNER**
Menu	***Menu***
Sup Tekwan	Asinan Sayur Bogor
Ikan Saus Pesmol	Daging Sapi Saus Manis
Nasi Putih Organik	Puding Sagu Mutiara
TUESDAY, 13 FEBRUARY 2018	
LUNCH	**DINNER**
Menu	***Menu***
Tumis Sawi Putih Cabe Ijo	Sup Buncis Paprika
Ayam Klaten	Ikan Panggang Dabu - Dabu
Nasi Merah Organik	Blueberry Cheese Cake
WEDNESDAY, 14 FEBRUARY 2018	
LUNCH	**DINNER**
Menu	***Menu***
Pecel Madiun	Tumis Kol Wortel
Rendang Daging	Bola-Bola Ayam Saus Lada Hitam
Nasi Putih Organik	Fresh Fruit
THURSDAY, 15 FEBRUARY 2018	
LUNCH	**DINNER**
Menu	***Menu***
Sup Tomat Jagung	Salad Buah Bogor
Ikan Saus Kencong	Rolade Daging Masak Rica-Rica
Nasi Merah Organik	Banana Cake
FRIDAY, 16 FEBRUARY 2018	

PUBLIC HOLIDAY

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