

**Medical Conditions Vegetarian Cuisine**  
**Lunch and Dinner Menu**  
**(7 - 11 May 2018)**

**MONDAY, 7 MAY 2018**

**I. LUNCH (INDONESIAN CUISINE)**

*Menu*

Sup Jamur  
Tempe Panggang Tauco Berempah  
Nasi Merah Organik  
Buah Segar

**DINNER (INDONESIAN CUISINE)**

*Menu*

Gado-Gado Padang  
Bola-Bola Tahu Saus Kari  
Nasi Merah Organik  
Buah Segar

**TUESDAY, 8 MAY 2018**

**II. LUNCH (MEDITERRANEAN CUISINE)**

*Menu*

Sauteed Eggplant With Mushroom And Basil  
Spanish Fritatta  
Roasted Purple Yam  
Fresh Fruit

**DINNER (MEDITERRANEAN CUISINE)**

*Menu*

Three Beans Soup  
Red Cabbage Rolls  
Garlic Whole Wheat Penne  
Fresh Fruit

**WEDNESDAY, 9 MAY 2018**

**III. LUNCH (JAPANESE CUISINE)**

*Menu*

Yasai Salad  
Japanese Stuffed Eggplant  
Beef Floss Brown Rice Sushi  
Fresh Fruit

**DINNER (JAPANESE CUISINE)**

*Menu*

Cauliflower No Itame  
Inari Filled Vegetable  
Organic Brown Rice  
Fresh Fruit

**THURSDAY, 10 MAY 2018**

**PUBLIC HOLIDAY**

**FRIDAY, 11 MAY 2018**

**V. LUNCH (ASIAN CUISINE)**

*Menu*

Asian Sauteed Garlic Vegetable  
Vegetarian Sio Mai  
Organic Brown Rice  
Fresh Fruit

**DINNER (ASIAN CUISINE)**

*Menu*

Low Fat Creamy Sweet Corn Soup  
Tofu Rollade With Hong Kong Sauce  
Organic Brown Rice  
Fresh Fruit