

## Medical Conditions Vegetarian Cuisine

### Lunch and Dinner Menu

(16 - 20 April 2018)

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#### MONDAY, 16 APRIL 2018

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##### I. LUNCH (INDONESIAN CUISINE)

###### *Menu*

Sayur Lodeh Jakarta  
Tahu Acar Kuning  
Nasi Merah Organik  
Buah Segar

##### DINNER (INDONESIAN CUISINE)

###### *Menu*

Karedok  
Sate Tempe Maranggi  
Nasi Merah Organik  
Buah Segar

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#### TUESDAY, 17 APRIL 2018

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##### II. LUNCH (MEDITERRANEAN CUISINE)

###### *Menu*

Stuffed Tomato  
Pan Seared Falafel With Oregano Sauce  
Sauteed Baby Potato With Herbs  
Fresh Fruit

##### DINNER (MEDITERRANEAN CUISINE)

###### *Menu*

Vegetable Clear Soup With Lemon Grass  
Vegetable Frittata With Romesco Sauce  
Whole Wheat Spaghetti Aglio Olio  
Fresh Fruit

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#### WEDNESDAY, 18 APRIL 2018

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##### III. LUNCH (JAPANESE CUISINE)

###### *Menu*

Yasai Salad  
Cauliflower Steak  
Kamameshi Brown Rice  
Fresh Fruit

##### DINNER (JAPANESE CUISINE)

###### *Menu*

Tofu To Yasai Ni  
Enoki Roll  
Organic Brown Rice  
Fresh Fruit

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#### THURSDAY, 19 APRIL 2018

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##### IV. LUNCH (WESTERN CUISINE)

###### *Menu*

Green Peas And Vegetable Soup  
Baked Pumpkin Balls With Genovese Sauce  
Organic Cilantro Lime Brown Rice  
Fresh Fruit

##### DINNER (WESTERN CUISINE)

###### *Menu*

Mixed Salad With Mustard Dressing  
Mixed Bean Patties  
Lyonnaise Potato  
Fresh Fruit

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#### FRIDAY, 20 APRIL 2018

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##### V. LUNCH (ASIAN CUISINE)

###### *Menu*

Sauteed Baby Bok Choy And Tofu  
Vietnamese Steamed Egg  
Organic Brown Rice  
Fresh Fruit

##### DINNER (ASIAN CUISINE)

###### *Menu*

Asian Style Vegetable Clear Soup  
Vegetarian Fritters  
Organic Brown Rice  
Fresh Fruit