

## Medical Conditions Vegetarian Cuisine

### Lunch and Dinner Menu

(15 - 19 January 2018)

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#### MONDAY, 15 JANUARY 2018

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##### I. LUNCH (INDONESIAN CUISINE)

###### *Menu*

Salad Pengantin  
Risoles Sayuran  
Nasi Merah Organik  
Buah Segar

##### DINNER (INDONESIAN CUISINE)

###### *Menu*

Cah Jagung Muda Brokoli  
Pindang Tahu  
Nasi Merah Organik  
Buah Segar

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#### TUESDAY, 16 JANUARY 2018

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##### II. LUNCH (MEDITERRANEAN CUISINE)

###### *Menu*

Cold Cucumber Soup  
Kidney Bean Loaf in Creole Sauce  
Potato Wedges  
Fresh Fruit

##### DINNER (MEDITERRANEAN CUISINE)

###### *Menu*

Chickpea Salad  
Baked Corn Triangles With Tahini And Tomato Sauce  
Whole Wheat Penne Napolitana  
Fresh Fruit

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#### WEDNESDAY, 17 JANUARY 2018

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##### III. LUNCH (JAPANESE CUISINE)

###### *Menu*

Mixed Yasai To Oba Puree  
Renkon Patties Shogayaki  
Organic Brown Rice Kamameshi  
Fresh Fruit

##### DINNER (JAPANESE CUISINE)

###### *Menu*

Kabocha to Hakusai Yonsu  
Mixed Mushroom Teriyaki  
Organic Brown Rice  
Fresh Fruit

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#### THURSDAY, 18 JANUARY 2018

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##### IV. LUNCH (WESTERN CUISINE)

###### *Menu*

Fattoush Salad  
Stuffed Red Cabbage  
Whole Wheat Garlic Spaghetti  
Fresh Fruit

##### DINNER (WESTERN CUISINE)

###### *Menu*

Celebration Vegetable Style  
Eggplant Roll With Tomato Sauce  
Organic Herb Brown Rice  
Fresh Fruit

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#### FRIDAY, 19 JANUARY 2018

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##### V. LUNCH (ASIAN CUISINE)

###### *Menu*

Vegetable Sweet And Sour Soup  
Asian Style Baked Tempeh  
Organic Brown Rice  
Fresh Fruit

##### DINNER (ASIAN CUISINE)

###### *Menu*

Thai Glass Noodle Salad  
Thai-Style Omelette  
Organic Brown Rice  
Fresh Fruit