

## Medical Conditions Multiple Cuisine Lunch and Dinner Menu (16 - 20 April 2018)

### MONDAY, 16 APRIL 2018

#### I. LUNCH (INDONESIAN CUISINE)

*Menu*

Sayur Lodeh Jakarta  
Ikan Acar Kuning  
Nasi Merah Organik  
Buah Segar

#### DINNER (INDONESIAN CUISINE)

*Menu*

Karedok  
Daging Sapi Giling Maranggi  
Nasi Merah Organik  
Buah Segar

### TUESDAY, 17 APRIL 2018

#### II. LUNCH (MEDITERRANEAN CUISINE)

*Menu*

Stuffed Tomato  
Pan Seared Chicken in Chickpeas And Oregano  
Sauce  
Sauteed Baby Potato With Herbs  
Fresh Fruit

#### DINNER (MEDITERRANEAN CUISINE)

*Menu*

Vegetable Clear Soup With Lemon Grass  
Snapper in Romesco Sauce  
Whole Wheat Spaghetti Aglio Olio  
Fresh Fruit

### WEDNESDAY, 18 APRIL 2018

#### III. LUNCH (JAPANESE CUISINE)

*Menu*

Smoked Salmon Salad  
Saikoro Steak  
Kamameshi Brown Rice  
Fresh Fruit

#### DINNER (JAPANESE CUISINE)

*Menu*

Tofu To Yasai Ni  
Chicken Enoki Roll  
Organic Brown Rice  
Fresh Fruit

### THURSDAY, 19 APRIL 2018

#### IV. LUNCH (WESTERN CUISINE)

*Menu*

Chicken And Vegetable Soup  
Baked Tuna in Genovese Sauce  
Organic Cilantro Lime Brown Rice  
Fresh Fruit

#### DINNER (WESTERN CUISINE)

*Menu*

Mixed Salad With Mustard Dressing  
Roasted Beef With Sundried Tomato And Bean  
Lyonaise Potato  
Fresh Fruit

### FRIDAY, 20 APRIL 2018

#### V. LUNCH (ASIAN CUISINE)

*Menu*

Sauteed Baby Bok Choy And Tofu  
Vietnamese Chicken  
Organic Brown Rice  
Fresh Fruit

#### DINNER (ASIAN CUISINE)

*Menu*

Asian Style Vegetable Clear Soup  
Steamed Snapper Szechuan  
Organic Brown Rice  
Fresh Fruit