

Mayo Bento Program Lunch and Dinner Menu (9 - 15 July 2018)

MONDAY, 09 JULY 2018

I. LUNCH	DINNER
<i>Menu</i>	<i>Menu</i>
Urap Sayur	Tumis Wortel Dan Kacang Polong
Ayam Bumbu Kecap	Rolade Jamur Saus Tomat
Nasi Putih Organik	Nasi Putih Organik
Buah Segar	Buah Segar

TUESDAY, 10 JULY 2018

II. LUNCH	DINNER
<i>Menu</i>	<i>Menu</i>
Terong Balado	Salad Tahu Ketumbar
Daging Sapi Giling Bumbu Maranggi	Bistik Telur
Nasi Putih Organik	Nasi Putih Organik
Buah Segar	Buah Segar

WEDNESDAY, 11 JULY 2018

III. LUNCH	DINNER
<i>Menu</i>	<i>Menu</i>
Tumis Jagung Bayam	Tumis Labu Siam Pok Choy
Lumpia Sayur	Ikan Bakar Parahyangan
Nasi Putih Organik	Nasi Putih Organik
Buah Segar	Buah Segar

THURSDAY, 12 JULY 2018

IV. LUNCH	DINNER
<i>Menu</i>	<i>Menu</i>
Lawar Kacang Panjang	Tumis Jamur Tiram
Ayam Masak Merah Kalimantan	Pepes Tahu
Nasi Putih Organik	Nasi Putih Organik
Buah Segar	Buah Segar

FRIDAY, 13 JULY 2018

V. LUNCH	DINNER
<i>Menu</i>	<i>Menu</i>
Cah Toge Kucai	Orak-Arik Sayuran
Ikan Bumbu Bali	Ayam Bumbu Kuning
Nasi Putih Organik	Nasi Putih Organik
Buah Segar	Buah Segar

SATURDAY, 14 JULY 2018

IV. LUNCH	DINNER
<i>Menu</i>	<i>Menu</i>
Sauteed Vegetable With Tarragon And Dill Leaf	Sauteed Broccoli And White Radish
Beef Kofta	Red Bean With Mushroom Sauce
Organic Rice Pillaf	Potato William
Fresh Fruit	Fresh Fruit

SUNDAY, 15 JULY 2018

IV. LUNCH	DINNER
<i>Menu</i>	<i>Menu</i>
Sauteed Snowpeas With Basil	Diamond Vegetable Stew
Falafel With Yoghurt Mint Sauce	Chipotle Meatball
Organic Moroccan Rice	Organic Brown Rice
Fresh Fruit	Fresh Fruit

