

## Mayo Bento Program Lunch and Dinner Menu (16 - 22 April 2018)

### MONDAY, 16 APRIL 2018

<b>I. LUNCH</b>	<b>DINNER</b>
<i>Menu</i>	<i>Menu</i>
Urap Sayur	Tumis Tahu, Wortel, dan Kacang Polong
Ayam Bumbu Kecap	Rolade Jamur Saus Tomat
Nasi Putih Organik	Nasi Putih Organik
Buah Segar	Buah Segar

### TUESDAY, 17 APRIL 2018

<b>II. LUNCH</b>	<b>DINNER</b>
<i>Menu</i>	<i>Menu</i>
Terong Balado	Salad Tahu Ketumbar
Daging Sapi Giling Bumbu Maranggi	Bistik Telur
Nasi Putih Organik	Nasi Putih Organik
Buah Segar	Buah Segar

### WEDNESDAY, 18 APRIL 2018

<b>III. LUNCH</b>	<b>DINNER</b>
<i>Menu</i>	<i>Menu</i>
Tumis Jagung Bayam	Tumis Labu Siam Pok Choy
Lumpia Sayur	Ikan Bakar Parahyangan
Nasi Putih Organik	Nasi Putih Organik
Buah Segar	Buah Segar

### THURSDAY, 19 APRIL 2018

<b>IV. LUNCH</b>	<b>DINNER</b>
<i>Menu</i>	<i>Menu</i>
Lawar Kacang Panjang	Tumis Jamur Tiram
Ayam Masak Merah Kalimantan	Pepes Tahu
Nasi Putih Organik	Nasi Putih Organik
Buah Segar	Buah Segar

### FRIDAY, 20 APRIL 2018

<b>V. LUNCH</b>	<b>DINNER</b>
<i>Menu</i>	<i>Menu</i>
Cah Toge Kucai	Orak-Arik Sayuran
Ikan Bumbu Bali	Ayam Bumbu Kuning
Nasi Putih Organik	Nasi Putih Organik
Buah Segar	Buah Segar

### SATURDAY, 21 APRIL 2018

<b>IV. LUNCH</b>	<b>DINNER</b>
<i>Menu</i>	<i>Menu</i>
Sauteed Vegetable With Tarragon And Dill Leaf	Sauteed Broccoli And White Radish
Beef Kofta	Red Bean With Mushroom Sauce
Organic Rice Pillaf	Potato William
Fresh Fruit	Fresh Fruit

### SUNDAY, 22 APRIL 2018

<b>IV. LUNCH</b>	<b>DINNER</b>
<i>Menu</i>	<i>Menu</i>
Sauteed Snowpeas With Basil	Diamond Vegetable Stew
Falafel With Yoghurt Mint Sauce	Chipotle Meatball
Organic Moroccan Rice	Organic Brown Rice
Fresh Fruit	Fresh Fruit