

Mayo Bento Program Lunch and Dinner Menu (15 - 21 January 2018)

MONDAY, 15 JANUARY 2018

I. LUNCH
Menu

Tumis Keputren Céciwis
Ayam Bundu-Bundu
Nasi Putih Organik
Buah Segar

DINNER
Menu

Tumis Buncis Tomat
Perkedel Ayam Jamur
Nasi Putih Organik
Buah Segar

TUESDAY, 16 JANUARY 2018

II. LUNCH
Menu

Tumis Sawi Putih Cabe Ijo
Dori Masak Rica-Rica
Nasi Putih Organik
Buah Segar

DINNER
Menu

Selat Solo
Bistik Ayam
Nasi Putih Organik
Buah Segar

WEDNESDAY, 17 JANUARY 2018

III. LUNCH
Menu

Pecel Madiun
Ayam Bakar Kalasan
Nasi Putih Organik
Buah Segar

DINNER
Menu

Tumis Kacang Merah
Siomay Tahu
Nasi Putih Organik
Buah Segar

THURSDAY, 18 JANUARY 2018

IV. LUNCH
Menu

Orak-Arik Sayuran
Ikan Saus Kencong
Nasi Putih Organik
Buah Segar

DINNER
Menu

Acar Kuning
Botok Telur
Nasi Putih Organik
Buah Segar

FRIDAY, 19 JANUARY 2018

V. LUNCH
Menu

Tumis Oyong Soun
Rendang Daging
Nasi Putih Organik
Buah Segar

DINNER
Menu

Tumis Sawi Putih Wortel
Bakwan Jagung Telur
Nasi Putih Organik
Buah Segar

SATURDAY, 20 JANUARY 2018

IV. LUNCH
Menu

Sauteed Mix Vegetable With Mint And Lemongrass
Fish Escabeche
Organic Carrot Rice
Fresh Fruit

DINNER
Menu

Vegetable Tagliatelle
Baked Chicken In Honey Mustard Sauce
Boiled Purple Yam
Fresh Fruit

SUNDAY, 21 JANUARY 2018

IV. LUNCH
Menu

American Style Sauteed Mixed Cabbage
Chicken Fajitas
Organic Mexican Rice
Fresh Fruit

DINNER
Menu

Caponata Ratatouille
Albondigas Meatball
Roasted Baby Potato
Fresh Fruit

