

## Healthy Bento (12 - 16 February 2018)

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### MONDAY, 12 FEBRUARY 2018

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**LUNCH**

*Menu*

Tumis Keputren Cewiwis  
Ayam Bundu - Bundu  
Nasi Putih Organik  
Buah Segar

**DINNER**

*Menu*

Asinan Sayur Bogor  
Perkedel Ayam Jamur  
Nasi Putih Organik  
Buah Segar

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### TUESDAY, 13 FEBRUARY 2018

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**LUNCH**

*Menu*

Tumis Sawi Putih Cabe Ijo  
Dori Masak Rica-Rica  
Nasi Putih Organik  
Buah Segar

**DINNER**

*Menu*

Selat Solo  
Bistik Ayam  
Nasi Putih Organik  
Buah Segar

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### WEDNESDAY, 14 FEBRUARY 2018

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**LUNCH**

*Menu*

Pecel Madiun  
Ayam Bakar Kalasan  
Nasi Putih Organik  
Buah Segar

**DINNER**

*Menu*

Tumis Kacang Merah  
Siomay Tahu  
Nasi Putih Organik  
Buah Segar

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### THURSDAY, 15 FEBRUARY 2018

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**LUNCH**

*Menu*

Orak - Arik Sayuran  
Ikan Saus Kencong  
Nasi Uduk Organik  
Buah Segar

**DINNER**

*Menu*

Acar Kuning  
Botok Telur  
Nasi Putih Organik  
Buah Segar

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### FRIDAY, 16 FEBRUARY 2018

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**PUBLIC HOLIDAY**