

**Extreme Weight Loss Vegetarian Cuisine  
Lunch and Dinner Menu  
(13 - 17 August 2018)**

**MONDAY, 13 AUGUST 2018**

**I. LUNCH (INDONESIAN CUISINE)**

**Menu**

Rujak Halus Manis  
Tempe Bumbu Bali  
Buah Segar

**DINNER (INDONESIAN CUISINE)**

**Menu**

Tumis Putren Kacang Panjang  
Kroket Sayuran  
Buah Segar

**TUESDAY, 14 AUGUST 2018**

**II. LUNCH (MEDITERRANEAN CUISINE)**

**Menu**

Mediterranean Vegetable Soup  
Falafel Kofta  
Fresh Fruit

**DINNER (MEDITERRANEAN CUISINE)**

**Menu**

Green Herb Salad With Sage Dressing  
Vegetable Casserole With Mint Sauce  
Fresh Fruit

**WEDNESDAY, 15 AUGUST 2018**

**III. LUNCH (JAPANESE CUISINE)**

**Menu**

Chikuzen Ni  
Stuffed Inari In Ponzu Sauce  
Fresh Fruit

**DINNER (JAPANESE CUISINE)**

**Menu**

Dobin Mushi  
Mushroom Steak Teriyaki  
Fresh Fruit

**THURSDAY, 16 AUGUST 2018**

**IV. LUNCH (WESTERN CUISINE)**

**Menu**

Margarita Salad  
Delicious Broccoli Patties  
Fresh Fruit

**DINNER (WESTERN CUISINE)**

**Menu**

Mixed Vegetable Stew  
Vegetarian Calzone  
Fresh Fruit

**FRIDAY, 17 AUGUST 2018**

**PUBLIC HOLIDAY**