

**Extreme Weight Loss Multiple Cuisine  
Lunch and Dinner Menu  
(18 - 22 June 2018)**

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**MONDAY, 18 JUNE 2018**

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**PUBLIC HOLIDAY**

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**TUESDAY, 19 JUNE 2018**

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**PUBLIC HOLIDAY**

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**WEDNESDAY, 20 JUNE 2018**

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**PUBLIC HOLIDAY**

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**THURSDAY, 21 JUNE 2018**

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**IV. LUNCH (WESTERN CUISINE)**

**Menu**

Mexican Chicken Tortilla Soup  
Baked Fish in Lemon And Herbs Sauce  
Fresh Fruit

**DINNER (WESTERN CUISINE)**

**Menu**

Mixed Salad With Guava Dressing  
Beef Bolognese  
Fresh Fruit

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**FRIDAY, 22 JUNE 2018**

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**V. LUNCH (ASIAN CUISINE)**

**Menu**

Hong Kong Style Baby Kailan in Vegetarian Oyster Sauce  
Sweet And Sour Chicken  
Fresh Fruit

**DINNER (ASIAN CUISINE)**

**Menu**

Star Anise Flavored Clear Soup  
Baked Dory in Tauco Sauce  
Fresh Fruit