

**Extreme Weight Loss Multiple Cuisine
Lunch and Dinner Menu
(12 - 16 February 2018)**

MONDAY, 12 FEBRUARY 2018

I. LUNCH (INDONESIAN CUISINE)

Menu

Sup Tekwan
Ikan Saus Pasmol
Buah Segar

DINNER (INDONESIAN CUISINE)

Menu

Asinan Sayur Bogor
Daging Sapi Saus Manis
Buah Segar

TUESDAY, 13 FEBRUARY 2018

II. LUNCH (MEDITERRANEAN CUISINE)

Menu

Stuffed Zucchini
Pollo a la Brasa
Fresh Fruit

DINNER (MEDITERRANEAN CUISINE)

Menu

Watercress Clear Soup
Baked Fish in Ginger Mint Orange Sauce
Fresh Fruit

WEDNESDAY, 14 FEBRUARY 2018

III. LUNCH (JAPANESE CUISINE)

Menu

Wakame Salad
Beef Yakiniku
Fresh Fruit

DINNER (JAPANESE CUISINE)

Menu

Yasai Itame
Tori Tsukune
Fresh Fruit

THURSDAY, 15 FEBRUARY 2018

IV. LUNCH (WESTERN CUISINE)

Menu

Tomato Basil Clear Soup
Baked Fish in Lemon And Herb Sauce
Fresh Fruit

DINNER (WESTERN CUISINE)

Menu

Waldorf Salad
Albondigas Beef
Fresh Fruit

FRIDAY, 16 FEBRUARY 2018

PUBLIC HOLIDAY