

Extreme Weight Loss Indonesian Cuisine
Lunch and Dinner Menu
(13 - 17 August 2018)

MONDAY, 13 AUGUST 2018

LUNCH

Menu

Rujak Halus Manis
Ayam Bumbu Bali
Buah Segar

DINNER

Menu

Tumis Putren Kacang Panjang
Ikan Sambal Matah
Buah Segar

TUESDAY, 14 AUGUST 2018

LUNCH

Menu

Sup Kacang Merah
Daging Masak Paprika Hijau
Buah Segar

DINNER

Menu

Salad Sayuran
Ayam Taliwang
Buah Segar

WEDNESDAY, 15 AUGUST 2018

LUNCH

Menu

Tumis Jagung Labu Siam
Dori Masak Merah Kemangi
Buah Segar

DINNER

Menu

Sup Bening Bayam Jamur
Empal Daging
Buah Segar

THURSDAY, 16 AUGUST 2018

LUNCH

Menu

Salad Tahu Ketumbar
Ayam Pop
Buah Segar

DINNER

Menu

Cah Sayuran
Ikan Bumbu Balado
Buah Segar

FRIDAY, 17 AUGUST 2018

PUBLIC HOLIDAY