

Extreme Weight Loss Indonesian Cuisine
Lunch and Dinner Menu
(10 - 14 September 2018)

MONDAY, 10 SEPTEMBER 2018

LUNCH

Menu

Sup Tri Selera
Tim Ikan Tauco
Buah Segar

DINNER

Menu

Asinan Sayur Bogor
Daging Sapi Saus Manis
Buah Segar

TUESDAY, 11 SEPTEMBER 2018

PUBLIC HOLIDAY

WEDNESDAY, 12 SEPTEMBER 2018

LUNCH

Menu

Karedok
Semur Daging
Buah Segar

DINNER

Menu

Tumis Jagung Labu Siam
Ayam Masak Kecap
Buah Segar

THURSDAY, 13 SEPTEMBER 2018

LUNCH

Menu

Sup Sawi Hijau Wortel
Ikan Panggang Saus Lemon
Buah Segar

DINNER

Menu

Salad Buah
Bola-Bola Daging Masak Tomat
Buah Segar

FRIDAY, 14 SEPTEMBER 2018

LUNCH

Menu

Tumis Brokoli Tauge
Ayam Masak Kare
Buah Segar

DINNER

Menu

Sup Kembang Kol Kentang
Ikan Kukus Daun Bawang
Buah Segar